



VOLUNTEER KIT



Helping Disadvantaged Queensland Children Thrive



About Us

The Little Stars Foundation emerged from a profound **desire to empower** and uplift disadvantaged children throughout Queensland.

Starting with Little Stars Camps, we supported children in out-of-home care and provided a **unique opportunity to cultivate optimism and resilience** through the pillars of community, education, and fun. Through the camps, we recognised a crucial gap in educational support for children living in out-of-home care, and after extensive research, the Little Stars Learners Program was born.

Recently, we've expanded our horizons, leading to a **rebranding as the Little Stars Foundation**. This change better reflects the broad scope of our work as we strive to address the significant needs of Queensland's children.

All of the Little Stars Programs, from the very first camp to our latest Fun & Laughter Experience Day, have only been possible because of **amazing volunteers**.

Our volunteer program caters for individuals looking to **donate an hour** or two of their time, students looking to volunteer to **gain real-world experience**, retired skilled volunteers who manage programs and corporate teams looking for a way to **give back**. Volunteers are the heart of our program, making it all possible.

Lisa Honeychurch Van Riel
CEO, Little Stars Foundation



Star Volunteers

In Queensland, the number of children who have experienced **complex childhood trauma** grows daily. As the cost of living rises, Queensland's children are at an increasing risk of family violence, homelessness, and deteriorating mental health.

Without **early intervention**, these Queensland children are disengaging with the school system, placing them at an elevated risk of suspension, criminal involvement, substance abuse, early parenthood, and mental illness, and perpetuating the cycle for future generations.

This is where the Little Stars Foundation steps in. We provide **comprehensive, wrap-around support services** that run in conjunction with other services to support each child and their family unit – whatever that may look like.

Our mission's core is the **unwavering belief** that the circumstances children are born into should never determine their future, and our programs have been **designed with the help of the people that use them**, to provide services that aren't currently offered by other organisations and to **deliver real impact** to each child, family and community.

This wouldn't be possible without the **superstar volunteers** who help us make our programs a reality.



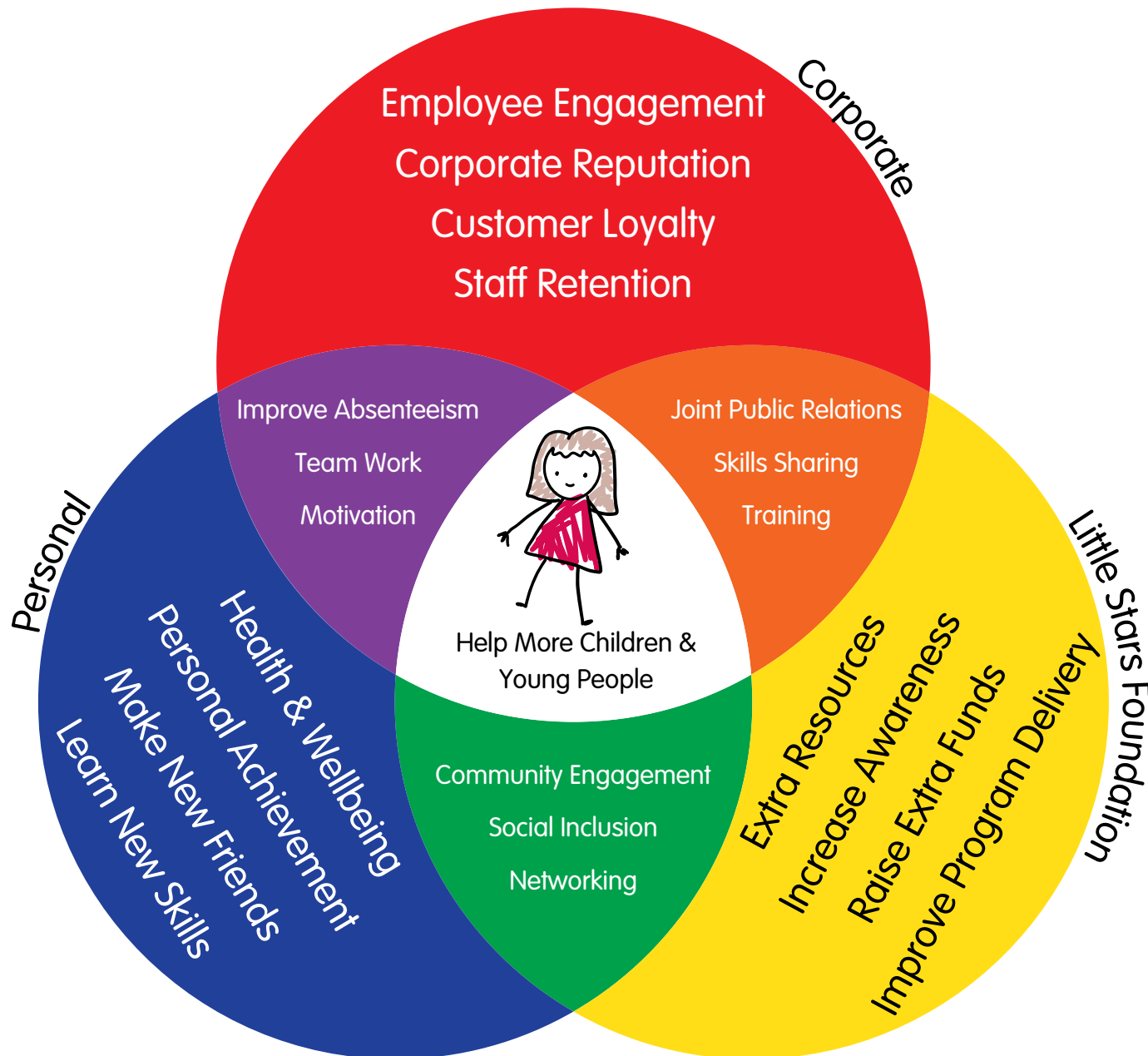
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One of the
greatest gifts
you can give is
your time

Unknown



Benefits of Volunteering



A 2021 study showed that after two years of volunteering, volunteers reported:

- ★ that 76% said they felt healthier
- ★ that 94% said it had improved their mood
- ★ that 78% said it had lowered their stress levels

In the corporate landscape:

- ★ 78% of companies have a volunteering program
- ★ 15% of employees participate in corporate volunteering
- ★ 87% of employee volunteers had an improved perception of their employer
- ★ 82% felt more committed to their employer as a result

Volunteering Opportunities

Skilled Volunteers

Professionally Skilled Volunteers help us to complete projects or work on programs; they also make things possible that we may not otherwise have the budget for

The Little Stars Foundation requires help ranging from psychologists and teachers to support our programs through to IT and event management to assist with building our fundraising pages and planning our fundraising events.

Recruitment for our Skilled Volunteering program is very similar to that of a paid position. We want to make sure that there is a need for your services and that you feel it would be a mutually beneficial experience.



Program Volunteers

The Little Stars Foundation needs the support of volunteers when it comes to running our programs.

These volunteers attend regularly and hold really important positions. Everything from coordinating our Cuddle Case Program through to helping to plan and facilitate a Fun & Laughter Experience Day.

Our Program Volunteers are really extra members of our team and provide incredible support directly to vulnerable and disadvantaged kids across Qld.

We ask that these volunteers commit for a minimum of 12 months and be able to volunteer regularly.



Event Volunteers

Event volunteers can do everything from on-the-day support to helping plan and execute a Little Stars Foundation event

Do you like the hustle and bustle of an event? or the thrill of organising chaos? Then, becoming an Event Volunteer for the Little Stars Foundation is the opportunity for you!

With events ranging from Christmas Gift Wrapping through to Corporate Breakfasts or chaperoning vulnerable children and young people to an event like the AFL.

No two event days are the same! If organisation is your middle name, we want to hear from you!



Corporate Volunteering

The Little Stars Foundation works hard to ensure that all of its partnerships are based on shared values and ideals and are mutually beneficial to both parties.

The Little Stars Kids Foundation Corporate Partnerships host a number of different elements that aim to provide value to our corporate partners and supporters.

- Cobranded Fundraising Page to keep track of your annual donation tally
- Skilled Volunteering
- Corporate Volunteering
- Staff Fundraising Activities
- Event Support for Partner-led Events
- Workplace Giving



Corporate Volunteering Opportunities

- ★ Packing Delivering Cuddle Cases (Weekday)
- ★ Chaperoning Fun & Laughter Day (Weekend)
- ★ Event Support (Not Specified)
- ★ Seasonal Activities (Christmas Gift Wrapping)

All corporate volunteering activities can include the wearing of co-branded t-shirts, a welcome from the Little Stars Foundation team highlighting the impact of your activity and updates after your activity to highlight the support you provided.

Due to the nature of the work of The Little Stars Foundation, all partnerships or corporate support must meet a minimum set of guidelines.

- Organisations must be aligned in values.
- Staff must hold/or be willing to get (with the assistance of the Little Stars Foundation) a Blue Card - Working With Children Check
- Be willing to participate in training sessions aligned with any activities they want to attend.



**LITTLE STARS
FOUNDATION**

Fun. Laughter. Hope.

Contact Us



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